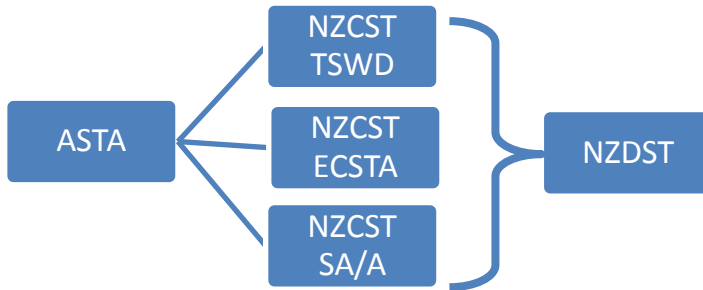


## Qualification Pathway



### 1. Assistant Swim Teacher Award

- ‡ One day entry level course
- ‡ Lesson Log
- ‡ 20 hours
- ‡ First Aid Certificate
- ‡ Assessment

### 2. New Zealand Certificate in Swim Teaching Teaching Swimmers with Disabilities \*

- ‡ One Day Course
- ‡ 20 Hours
- ‡ Assignment
- ‡ Assessment

#### Early Childhood Swim Teacher Award \*

- ‡ Two, one day courses
- ‡ Assignments
- ‡ Lesson Log
- ‡ Assessment

#### School Age and Adults Award \*

- ‡ One Day Course
- ‡ Assignments
- ‡ Assessment

### 3. New Zealand Diploma in Swim Teaching \*\*

**\*NZCST courses can be completed individually upon completion of ASTA**

**\*\* All NZCST Modules must be completed prior to commencing NZDST**

## Assistant Swim Teacher Award

The Assistant Swim Teacher Award is for the swim teacher who wants to develop their skills and gain an understanding of how to facilitate learning. Anyone aged 16 years or over can register for the Assistant Swim Teacher Award course. The flow chart below shows the requirements of the Award. ASTA provides an opportunity for those teaching swimming to be trained and qualified in a recognized programme.

The ASTA course is a great opportunity for you to develop skills and understanding in aquatic education.

- ✦ ASTA is the nationally recognised qualification developed to train instructors in methods for teaching swimming and personal survival.
- ✦ Through ASTA, trainee teachers gain a NZQA accredited qualification (level 3).
- ✦ Trainee teachers will be introduced to the SwimStart programme, a sequential five level swim and survive programme including personal survival techniques, safe rescues and the use of life jackets.
- ✦ ASTA covers how people learn, teaching and learning styles and effective communication
- ✦ ASTA outlines the principles of risk management in and around the aquatic environment.
- ✦ ASTA provides the tools to assist in the planning of an effective swimming programme.

- ✦ Participants have the option to start recording up to 10 teaching hours before attending the 1 day course (this does not include lesson plans).
- ✦ Lesson plans must be a total of 10 sequential plans - either one block of 10 or two blocks of 5..
- ✦ Assessment includes both poolside observations and oral questions to be completed by a Swimming New Zealand Evidence Gatherer
- ✦ To complete the Award participants must hold a current First Aid Certificate (Unit Standards 6401 and 6402)

Option to start recording teaching hours



ASTA Course  
(1 day)



1. Complete teaching hours (total 20 hrs)
2. Complete Log Book (total 10 plans)



Practical Assessment



Send all documents to  
SNZ

## School Age and Adults Swim Teacher Award

The School Age and Adults Award is for the swim teacher who wants to develop their skills teaching school age and adult swimmers. Anyone who holds the ASTA (Assistant Swim Teacher Award) can register for the School Age and Adults Award course.

The School Age and Adults Award is a great opportunity for any person teaching swimming (e.g. swim school directors, swim school employees, school teachers, swim club coaches, teachers and parents) to further develop their skills and understanding in aquatic education. By the end of the School Age and Adults course, the participant will be able to:

- ✦ Plan and conduct a developmental series of swimming lessons in freestyle, backstroke, breaststroke and butterfly for school age and adult swimmers
- ✦ Demonstrate an ability to recognise and correct faults in all strokes including starts and turns
- ✦ Demonstrate an understanding of the biomechanics of swimming and assist both school age and adult learners to improve their competency in each stroke
- ✦ Demonstrate an understanding of teaching and learning principles for both children and adults
- ✦ Demonstrate an understanding of the principles of risk management in and around the aquatic environment

Complete ASTA



NZCST SA/A Course  
(1 day)



Complete teaching  
hours (20hrs)



Complete  
Assignments



Practical Assessment

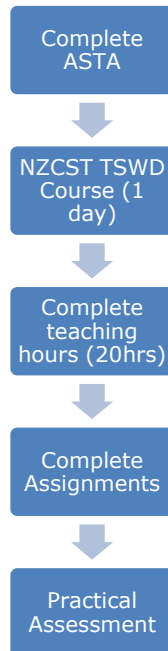
- ✦ Attend a one day course and participate in all aspects of the course including the pool session
- ✦ Complete pre and post course assignments
- ✦ Undergo a practical assessment conducted by Swimming New Zealand Representative

## Teaching Swimmers with Disabilities Award

The Teaching Swimmers with Disabilities Award is designed to encourage teachers of swimming to be confident to include people with disabilities in their lessons.

The TSWD course is a great opportunity for you to develop skills and gain confidence in aquatic education for swimmers with disabilities.

- ✦ To understand the benefits of learn to swim for swimmers with disabilities
- ✦ To provide an understanding of working with swimmers with disabilities
- ✦ To provide basic safety for all swimmers including with swimmers with disabilities
- ✦ To provide the skills and knowledge to plan and adapt lessons to include swimmers with disabilities
- ✦ To provide an understanding of the pathways of inclusion in aquatic education
- ✦ To experience swimming with a disability
- ✦ To inform of the various agencies that can assist swimmers with disabilities in their swimming pathway



Attend one day session and participate in all aspects of the course including the pool session.

- ✦ Log 20 hours of teaching swimmers with disabilities.
- ✦ Complete all assignments.
- ✦ Undergo a practical assessment conducted by a Swimming New Zealand Representative

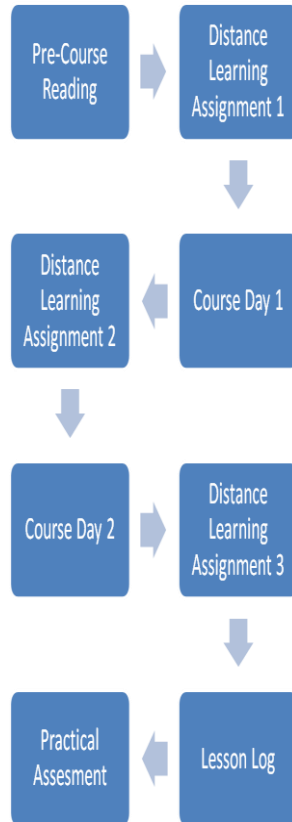
## Early Childhood Swim Teacher Award

The Early Childhood Swim Teacher Award is for the swim teacher who wants to develop their skills teaching Baby and Pre-school classes. Anyone who holds the ASTA (Assistant Swim Teacher Award) can register for the Early Childhood Swim Teacher Award course.

The course and resources have been developed in consultation with Gill Connell who is recognised world-wide as a leading educational consultant in child development, movement, word study and perceptual motor development (PMP).

Course content includes:

- Safest practices and attitudes in and around water
- Progressions, readiness, floating and buoyancy, foundation aquatic skills, creating the lesson environment
- Movement development, brain development, language development
- Vestibular system, sensory development, proprioception
- Tactile sense, eye-hand/eye-foot coordination
- Learning through consequence,
- Music/rhyme/song, creativity, imagination
- Developing self esteem and confidence in the child and parent/ caregiver, active participation of teacher and parent/caregiver, communication
- Te Whariki (NZ Early Childhood Curriculum)



## Swimming New Zealand Course Calendar

### **Assistant Swim Teacher Award\***

13 February 2011	Taumaranui
13 February 2011	Wellington
19 February 2011	Invercargill
20 February 2011	Mt Maunganui
27 February 2011	Hawera
21 January 2011	Lower Hutt
27 February 2011	Auckland
27 February 2011	Hamilton
20 March 2011	Auckland
20 March 2011	Mt Maunganui
20 March 2011	Wellington
27 March 2011	Napier
9 April 2011	Gore
10 April 2011	Hamilton
17 April 2011	Hawkes Bay
1 May 2011	Auckland
1 May 2011	Wellington
15 May 2011	Mt Maunganui
15 May 2011	Blenheim
12 June 2011	Palmerston North
12 June 2011	Hamilton
12 June 2011	Wellington
19 June 2011	Auckland
17 July 2011	Mt Maunganui
18 September 2011	Mt Maunganui
20 November 2011	Mt Maunganui

## Early Childhood Swim Teacher Award\*

21 January & 11 March 2011	Wellington
26 February & 16 April 2011	Dunedin
17 April & 14 June 2011	Hawkes Bay
18 June & 13 August 2011	Christchurch

## School Age & Adults Award\*

19 March 2011	Auckland
2 April 2011	Christchurch
16 April 2011	Hawkes Bay
7 May 2011	Wellington
22 May 2011	Tauranga

## Teaching Swimmers With Disabilities\*

2 March 2011	Tauranga
15 April 2011	Hawkes Bay
18 April 2011	Auckland
29 May 2011	Wellington

[www.swimmingnz.org.nz](http://www.swimmingnz.org.nz)

Follow Quicklinks, Online Course Registration, Register for Course (no login required if you are not a system user).

\* Courses are subject to registration of minimum numbers

## New Zealand Diploma In Swim Teaching

The Diploma qualification is recommended by Swimming New Zealand as the highest qualification for all professional teachers of swimming in New Zealand. Any person teaching swimming may complete the diploma. E.g. swim school directors, swim school employees, swim club coaches, school teachers, etc.

### Aim:

1. To give experienced teachers of swimming an identifiable national qualification.
2. To improve the standard of swimming teaching and water safety in New Zealand.
3. To give those involved in teaching swimming an opportunity for further education.
4. To encourage teachers of swimming to share knowledge with their peers.

The Diploma qualification by itself will not improve your swim teaching ability. This you must do for yourself through additional study, practice and experience. The qualification will have served its purpose if it contributes to your improvement as a swimming teacher and the improvement of teachers who work with you.

To start your **Diploma in Swim Teaching**, you must:

- **Hold all New Zealand Certificate in Swim Teaching modules**
- Hold a current First Aid certificate (US6401 & US6402)
- Have completed 500 logged teaching *hours. Hours must be logged on the approved Swimming New Zealand Form*
- The 500 logged hours can only be started once the last NZCST module has been awarded.
- Submit a proposed research topic for approval.
- Recommended age of 18 years minimum